

Characteristics of a 0~5 year-old child

◆ Birth to 1 year old ◆

- Please look at the baby's eyes and breastfeed him.
- Babies communicate by crying.

◆ 1 to 2 years old ◆

- They start to feel like doing by themselves.
- They start learning the language.

◆ 2 to 3 years old ◆

- They want to eat and change clothes by themselves.
- They start talking about their thoughts.

◆ 3 years old ◆

- They start to acquire basic lifestyle habits.
- They can have daily conversations.

◆ 4 years old ◆

- They start asking questions.
- They understand the meaning of "promise".
- Sometimes they can imagine other people's feelings and sometimes they can't.

◆ 5 years old ◆

- Most of the basic lifestyle habits are acquired.
- They get interested in letters.
- Compared to 3 or 4 years old, they can imagine other people's feelings.

◆ When in trouble ... ◆

- ★ Ibaraki Children's Emergency Telephone Consultation
- ★ Emergency Medical Information Control Center
- ★ Ibaraki Prefecture Emergency Medical Information System
- ★ Poisoning No. 110
- ★ Drug Consultation Room



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Time to read a book



Reading books to children can be a wonderful time for parents and children to deeply connect. It also fosters children's thinking power and rich minds. Please enjoy the world of picture books with your child even in a short time.

◆ Home Education Links ◆

You can access the following sites from the link collection of Ibaraki Prefecture's Home Education Support Navi "Sukusuku Sodate Ibarakikko"



★ Ministry of Education, Culture, Sports, Science and Technology

- A collection of links to support studies for children with foreign roots

★ Ibaraki Prefectural Board of Education

- Entering Nursery and School Support Leaflet (6 languages version)

★ Ibaraki NPO Center Commons

- Consultations on school attendance and advancement of students with overseas roots Others

★ Ibaraki International Association

- Living Information for foreign people
- Counseling Center for Foreigners Others

★ Kanagawa International Foundation Child rearing support site for foreign residents

- For Foreign Residents "Child Rearing Charts for Foreign Residents: From Pregnancy and Childbirth to Entering Elementary School" Others

★ Aichi University of Education, Foreign Students Support Resource Room

- Nursery guidebook
- Before Entering Japanese Elementary School for International Families (life version) Others

Parenting Advice Book Hiyoko(Chick)

English version

For parents of children 0~5 years old.

Hiyoko(Chick)

子育てアドバイスブック

ひよこ

すくすく育て、いばらきっ子

0~5歳の子をもつ保護者向け



小学校入学までを中心に書かれています



茨城県教育委員会
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Mental safety



Children broaden their minds through various experiences. The place where children can feel safe in their growth is the home. A family is a "Mental safety base" for a child who is moving toward a new world.

★ About the leaflet ★

- This leaflet is based on the "Parenting Advice Book Hiyoko" (Published July 2019).
- You can access Home Education Support Navi "Sukusuku Sodate Ibarakikko" from the QR code on the right, and see detailed information on the mobile version.



Home Education Support Navigation



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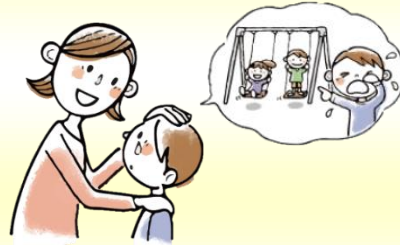
Greetings and replies



It is important to make a habit of greetings and replies from childhood.

When your child greets cheerfully, say "Nice greeting." "I felt good."

A mind to follow rules



Children imitate what adults around them do.

Instead of being strict enough to follow rules, parents should set a good example of their behavior.

Media Usage



It is important to use media well.

Please decide the rule such as time and place to use the media device with your family.

Helping



Happiness and satisfaction of helping others foster compassion. Even if they fail, watch carefully and don't scold. Also, don't force them to help you.

Early to bed, early to rise, breakfast



"Eating" and "sleep" are very important for children whose minds and bodies are growing.

Please make a habit of "go to bed early, get up early, have breakfast" and adjust your lifestyle.

Listen to them



If you listen to what they say, they feel "I'm loved".

Children form thoughts in their minds while speaking and develop their thinking power.

Parents should listen to what their children say slowly.

A variety of hands-on activities



Children grow up through various experiences. Engrossed in play, children gain motivation, willingness, persistence, and ability to explore.

Please cherish the children's thought that "I want to try."

To foster a sense of self-affirmation



"A sense of self-affirmation" means "I'm important." and "I am irreplaceable."

Let them know how important they are for you. Children feel satisfied and relieved.



◆ There is a lot of information about child care such as detailed information of each item and consultation counter!



Access Mobile Edition
(English version)

